

PSYCHOSOCIAL ONCOLOGY NEW ZEALAND

PONZ NEWSLETTER

MARCH 2015

IN THIS ISSUE:

**PONZ FEES SET
AT ZERO FOR
2015/16**

**INVERCARGILL
CONFERENCE
2015
SAVE THE DATES**

**2014
CONFERENCE
SUCCESS**

**SERVICE AWARD
TO LORRAINE
SUTHERLAND**

**MEET YOUR
COMMITTEE**

**FREE JOURNAL
ARTICLES**

ZERO FEES FOR 2015/16

The 2014 AGM has set the PONZ membership fees at zero for 2015/16. Although the old fee of \$45 was very reasonable it was seen as a potential barrier to an inclusive membership. The zero fee is being trialed this year and it is hoped it will boost membership.

Make sure you tell your colleagues about the zero fees and encourage them to join. Memberships are due for renewal in June.

If you are not already a member but are interested in becoming one just email our secretary and ask to be put on the membership reminder list

emma.bell@southerncancernetwork.org.nz

Email Emma if you would like to be added to our mailing list for this newsletter



SAVE THE DATES :

**PONZ CONFERENCE IN INVERCARGILL
19-21 NOVEMBER 2015**

This year Invercargill has offered to host our national conference. This is the first time the conference has been held in this region. The conference committee is being chaired by Andrew Leys (CEO, Hospice Southland). The committee has some great ideas for speakers. Look out for further conference updates in future newsletters.



2014 CONFERENCE A SUCCESS

The conference in Palmerston North last November was a great opportunity to get together with others working with people with cancer and their families. The event was attended by over 100 people from a vast range of disciplines. The key note speakers Phyllis Butow and George Laking gave thoughtful presentations which had a great combination of information presented in an entertaining manner, but also presented challenges to get us all thinking about how we can improve our practice.

Presentation slides from conference speakers are available on the PONZ website. <http://ponz.org.nz/index.php?page=conferences>

The conference was also a financial success and congratulations goes to the fabulous team in Palmy North for all their planning and hard work.

LORRAINE SUTHERLAND A WORTHY RECIPIENT OF PONZ SERVICE AWARD

The PONZ Service Award seeks to recognise significant ongoing contribution to psychosocial oncology in New Zealand over an ongoing period in the areas of clinical practice, administration, and/or research. The recipient receives \$500, free PONZ membership for the following year, and conference fees paid for next year's conference.

This year the award was given to Lorraine Sutherland. Lorraine has worked as a social worker in oncology at Christchurch Hospital for many years and has worked tirelessly to support patients and their families. She was one of the founding members of PONZ and together with her social work colleague, Sarah Kidd, started up the local Psychosocial-Oncology Forum. Lorraine has been part of a team that has organized education days in the Canterbury region over the past few years. Lorraine continues to promote the importance of Psychosocial-oncology to managers and other staff which at times is an up-hill battle. As Lorraine says on her profile on the website: "she is passionate about the vision of the "psycho-social" being considered as mainstream at all levels of oncology care..."



"She is the consummate professional and an inspiring person to work alongside. "
Sarah Kidd

Lorraine is presented with the PONZ Service award by Kathryn Taylor, PONZ president, at the 2014 conference in Palmerston North

MEET YOUR COMMITTEE

President: Kathryn Taylor, Christchurch

Vice President: Nora Thompson, Wellington

Secretary: Emma Bell, Invercargill/Christchurch

Treasurer: Maria Stapleton, Tauranga

Members: Hazel Neser, Wellington

Lorraine Sutherland, Christchurch

Don Baken, Palmerston North

Colleen Kendrick, Tauranga

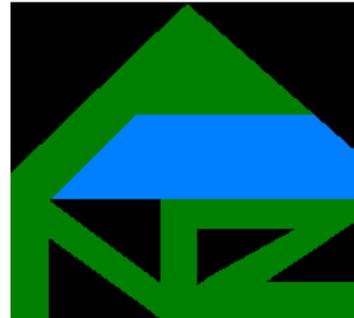
Catherine Dwan, Christchurch

Sue Wragg, Wellington

Anna Hoquard, Palmerston North (Consumer Rep)

Jo Stafford, Auckland (Māori Rep)

Sheldon Ngatai, New Plymouth, (Māori Rep)

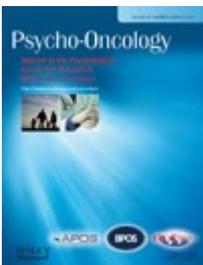


The PONZ national committee has a monthly teleconference and two face-to-face meetings a year.

The AGM is held annually at the PONZ conference. For the minutes from last year's AGM visit the PONZ website. Look under AGM on the home page.

Profiles and contact details of the committee members are on the Committee page on the PONZ website.

PSYCHO-ONCOLOGY JOURNAL FREE ACCESS ARTICLES



Did you know that Psycho-oncology, the premier journal in this field, allows free access to some of the articles every month. In recent issues free articles include:

Volume 24, Issue 3, March 2015 [Screening for psychological distress in cancer: renewing the research agenda](#) P. Salmon *et al.*

Volume 24, Issue 2, February 2015 [Pediatric psycho-oncology care: standards, guidelines, and consensus reports](#) L. Wiener *et al.*

Volume 24, Issue 1, January 2015 [The effect of creative psychological interventions on psychological outcomes for adult cancer patients: a systematic review of randomised controlled trials](#) S. Archer *et al.*

Find these articles at

[http://onlinelibrary.wiley.com/journal/10.1002/\(ISSN\)1099-1611](http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1099-1611)

or just google Psycho-oncology journal